



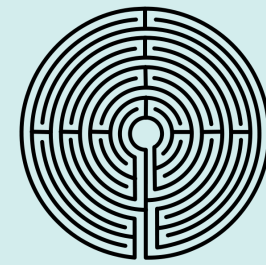
# LABIRINT

TRAINING COURSE ON  
OUTDOOR EDUCATION FOR  
YOUTH WORKERS

## INFO PACK

TC "Out Door in Action" (Part 1)  
17 - 24 April 2019 | Sondershausen, Germany





# PROJECT

---

With the LTTC “LABIRINT Training Course on outdoor education for youth workers” we would like to let youth workers actively working with young people discover outdoor education and adventure-based learning and develop their competencies to apply them in their practices, especially in relation to empowering young people with fewer opportunities at local level.

The main aim of this LTTC is to train youth workers on how to use outdoor education for addressing current challenges of nowadays and building so called soft competences and skills, such as respect, efficient communication, tolerance, non-judgment approach, ability to work in teams and critical thinking.





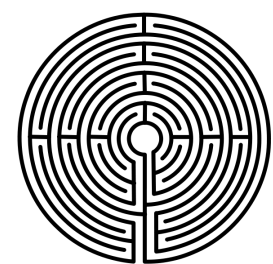


# OBJECTIVES

---

- discover outdoor and experiential learning, their historical perspective, principles and models
- articulate and reflect on participants' own values base for outdoor and experiential learning
- experience various outdoor methods and techniques and reflect on ways of incorporating these methods and techniques into their daily youth work with young people including young people with fewer opportunities, young people from marginalized background, radicalized youth or with refugees
- share practices, experiences, methods and techniques of outdoor education across and increasing the quality of youth work in participants' countries
- develop participants' reflexive skills and critical, innovative, creative thinking and challenging outdoor learning contexts and their application
- develop participants' competences in designing, planning, implementing and evaluating outdoor and experiential learning activities
- understand and handle risk and safety in outdoor settings
- increase knowledge of the participants on Erasmus+, support creating new project ideas based on using outdoor methods and techniques and promote networking and cooperation





# STRUCTURE

---

PLEASE NOTE THAT WE EXPECT THE GROUP **TO STAY THE SAME** FOR THE WHOLE DURATION OF THE PROJECT.

IF YOU SIGN UP FOR THE FIRST PART, PLEASE, CHECK THAT YOU'RE AVAILABLE FOR THE SECOND AND THIRD PART AS WELL.

## PART 1

The 1st activity is a training course which will allow the participants to learn about outdoor by trying out different forms of outdoor learning and acquire the set of competences needed for a youth worker when working with outdoor activities. It will take part in Sondershausen, Germany from 17 to 24 April 2019.



## PART 3

The 3rd activity is a seminar which will focus on the ways of balanced incorporation of outdoor education into work with young people with fewer opportunities. It is planned to take part on Baikal lake, Russia from 20 to 28 July 2019.

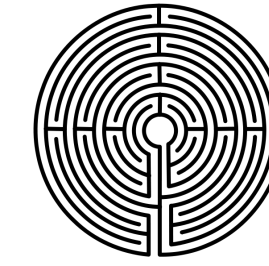


## PART 2

It'll be followed by the local phase, which is the 2nd part, where participants will practice gained skill in local realities.







# ACTIVITY 1

---

This activity “OutDoor inAction” is a training course where the participants will discover what outdoor is, try out different methods and tools and acquire a set of competences needed for a youth worker when working with outdoor activities.

## OBJECTIVES:

- to introduce principles of experiential learning and outdoor education;
- to introduce the concept of youth empowerment and to experience empowerment tools in outdoor education;
- to understand the importance of youth participation and how outdoor education methods can contribute to more interactive education process inside youth centers, schools/ universities;
- to practice and to test different outdoor methods, tools and techniques;
- to take the responsibility for fostering youth;
- to build competences in designing, implementing and evaluation of outdoor education activity;
- to understand principles of group learning through facilitation and debriefing of outdoor activities;
- to understand the value of personal development through feedback;
- to identify the limits of educator in the education process in outdoor education;
- to understand how to give responsibility for the learning process and educational flow to learners during outdoor activities.





## VENUE

The training will be held at KiEZ Ferienpark Feuerkuppe e.V.

### ADDRESS:

Zur Feuerkuppe 2, 99706

Sondershausen, OT Stausberg, Germany

Phone number: +374 91 075757

It's a venue located in the forest area, with many outdoor activity options, which fits perfectly to our TC. For more information, please check out <https://ferienpark-feuerkuppe.de>.



## FOOD

Accommodation and full board will be provided only for the period of 17 - 24 April 2019. Starting from the dinner on April 17th and finishing with breakfast on April 24th.

Please also fill the additional form. (that you will get together with info-pack, if you didn't get it please request it from organizers).

## ACCOMMODATION

Participants will share rooms, 3-4 persons in one room in Houses; Each house has: a shower, toilet. Bed-linen and towels are NOT provided; Please bring your bed-linen and towels or you can rent one in the reception for 5 EUR.

There is Wi Fi Internet connection in the area.





# TRAVEL INSTRUCTIONS

---

## **Arrival by Plane + Train to Kleinfurra**

Close Airports are Frankfurt am Main and Berlin airports. From these airports you have to take a train Deutsche Bahn to Kleinfurra Ort ([bahn.de](http://bahn.de)) and then wait for the Bus 471 to the direction of Schernberg Straußberg, Sondershausen. This bus goes only twice a day: at 14:00 and 17:00. That is why we have to know your exact arrival and departure times to Klainfurra Ort. We will order for the amount of people who will wait for the bus, or if this time would not work, we will arrange additional transportation.

## **Arrival by Plane + Bus to Erfurt + Train to Kleinfurra**

You can also arrive by plane and then take a bus to Erfurt. There are cheap bus connections to Erfurt from all major German cities. You can find all information about bus schedules here : [www.flixbus.de](http://www.flixbus.de). However, once you arrive to Erfurt, you will still have to take a train to Kleinfurra Ort and then the abovementioned bus.

**Please, contact us and share your travel plan, before buying tickets. We'll ask you to inform us where and when you will arrive!**

In any case, you can contact organisers and arrange your meeting and transportation, please do it in advance.





# TRAVEL REIMBURSEMENT

Travel costs will be reimbursed based on actual travel expenses according to the maximum amounts shown in the table.

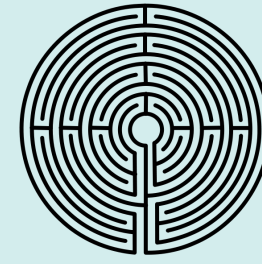
## NOTE!

**You are expected to participate fully in all activities, unless you are ill. Unauthorized absence from activities and workshops is not permitted. If less than 90% of the programme is attended, it will not be possible to be reimbursed for the travel costs.**



Budget	Country
20€	Germany
180€	Austria
275€	Lithuania, Latvia, Hungary, Poland, Ukraine, Moldova, North Macedonia
360€	Armenia, Georgia, Russian Federation





# REIMBURSEMENT REGULATIONS

---

## REGULAR AIR TICKETS MUST BE ACCOMPANIED BY THE FOLLOWING:

- the original invoice (signed and stamped)/receipt/pay order/proof of payment
- the original boarding pass (the small ticket stub you receive before boarding the plane)
- the prices stated in the invoices, receipts etc. must coincide with the price on the ticket.

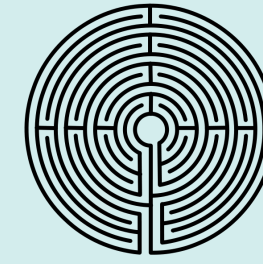
## E-TICKETS MUST BE

- printed out and include your name, the exact fare you paid, details of your flight on the same page
- provided along with the credit card receipt for the payment or a copy of your bank statement (clearly showing the payment has been made)
- given with the boarding pass (the small ticket stub you receive before boarding the plane)

## NOTE:

- Some airlines print 'passenger receipt' at the top of the cardboard ticket. It is not accepted as a receipt of proof of payment. Therefore, if you book your tickets online, please, make sure to print out the e-mail you receive from the airline company upon the payment, stating how much and how you paid.
- Train/bus tickets must show visible arrival and departure time as well as the price (+invoices if available).





# REIMBURSEMENT REGULATIONS

---

## OTHER IMPORTANT DETAILS:

- Booking paper alone is not enough (we need the invoices)
- Missing or lost tickets are not reimbursed
- Any costs for taxi are not reimbursed
- Return tickets must be bought in advance before the journey
- Following the guidelines of the Erasmus+/YIA Programme and internal regulations the travel must be released by the participants on the direct way within maximum 2 days. In case of long pauses or indirect routes (holiday travel), there is no reimbursement of travel costs! Reimbursement is done in Euro.

After the TC, please send us back all your complete travel documents in **ORIGINAL** by post mail as well as your bank account details (name of account holder, name of the bank, IBAN code, BIC/SWIFT code to:

CULTURE GOES EUROPE (CGE) – Soziokulturelle Initiative Erfurt e.V.  
Iderhoffstraße 12  
99085 Erfurt,  
Germany

**For any additional questions concerning finance issues feel free to contact**

**Zafar Saydaliev (Culture Goes Europe Erfurt e.V.) [office@cge-erfurt.org](mailto:office@cge-erfurt.org), +4917675898822.**



## INSURANCE

Each participant is responsible for their own Health Insurance coverage during their stay in Germany. Please check the regulations of your own Health Care package to ensure you are properly insured.



## PARTICIPATION FEE

There will be 50 EURO participation fees for each stage of LTTC that will be deducted from the travel reimbursement.

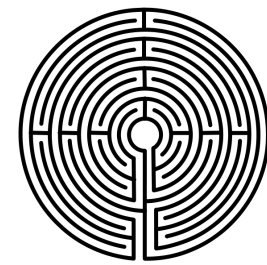


## VISA

If you need visa to enter Germany, please contact the organisers ASAP so we can provide an invitation for you.







# HIKING & CAMPING

---



Our programme includes 24 hours out (hiking and one night of camping) in the wilderness. There is no deadly wildlife in Germany, only some annoying mosquitos and ticks which can transmit Encephalitis and Lyme disease which can be best prevented by tick repellent sprays tightly tucked trouser legs and sleeves and close body inspection by your peers after the hike.

## HIKING EQUIPMENT

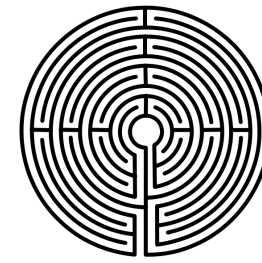
Organizers will provide the necessary group equipment, However, you should bring your own:

- flash light
- comfortable shoes for hiking
- anti mosquito and tick fluid
- personal medicaments you might need and anti-allergy drugs
- rain coat, waterproof clothes
- backpack, not too big
- warmer clothes for hike and a hat

## WEATHER

Even though it's going to be the mid-spring the weather can be quite changeable. We strongly recommend to check the weather before coming to project and choose your clothing and footwear accordingly. Average weather in April is 11 to 16-degree Celsius.





# WHAT TO BRING

---

- First of all - bring yourself with all your best talents and ideas to share.
- We strongly recommend to obtain a standard travel health Insurance (for non-EU residents) or European Health Insurance Card (for EU/EFTA/Swiss residents, free of charge).
- If you wish, please bring some traditional snacks and drinks from your country
- Medicines: For preventive reasons we recommend for those who have health problems to bring their own medicines. The basic FirstAid kit will be available at the venue.
- Comfortable clothes and shoes suitable for outdoor activities and suitable for current weather conditions.
- Some games or musical instruments if you wish for the evenings.







# ORGANIZERS



CULTURE GOES EUROPE (Germany)

Zafar Saydaliev, Marina Bykova – office@cge-erfurt.org

(Finance questions)



ACADEMY OF INNOVATION (Russia)

Eduard Oganyan & Gorunova Vera – academy.innov@gmail.com

(Programme and methodology)

The project supported and financed in the frame of ERASMUS+ programme by German National Agency, JUGEND für Europa.



Erasmus+



JUGEND  
für Europa

Nationale Agentur Erasmus+